

This project has received funding from the European Union's Seventh Framework Programme for research, technological development and demonstration under Grant Agreement n° 261483



Barts Health NHS Trust

The emerging issue of SCD

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Overview

- Epidemiology of SCD in UK and Europe
- Indications for chronic transfusion
- Iron overload in SCD- pathological effects and monitoring
- Management of iron overload
- Implications for DEEP trial





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Epidemiology

Predicted HbS allele frequency

Piel et al, Lancet 2013





Trends in at-risk populations 1988 and 2006



■ 1988 ■ 2006





Estimated annual birth rate with SCD









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Transfusion in SCD

RATIONALE FOR TRANSFUSION

Increase total Hb

- Dilute with HbAA RBC's
- Suppress endogenous HbS production

- Improve blood flow
- Improve tissue oxygen delivery
- Inhibit vaso-occlusion
- Prevent vasculopathy
- Prevent tissue damage





TRANSFUSION OPTIONS

- Acute transfusion
- Chronic transfusion programme
- Simple or exchange transfusion
- Exchange
 - Partial or full volume
 - Manual or automated





Erythrocytapheresis therapy to reduce iron overload

Kim et al, Blood 1994









CarldlanBCT

Spectra Optia' APHERESIS SYSTEM









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Indications for transfusion

Acute ischaemic stroke L internal carotid artery occlusion







SECONDARY STROKE PREVENTION

- No transfusion
 - recurrence rate 30-70%
- Long-term transfusion HbS 30%
 - recurrence 14-23%
 - 2.2-6.4 episodes per 100 patient years

Pegelow et al, J Pediatr 1995 Scothorn et al, J Pediatr 2002





Stroke recurrence in SWiTCH Ware et al, Blood e-pub Feb 2012



All patients enrolled, 78% of pt years achieved

7 episodes of ischaemic stroke in Hydroxyurea/venesection (10%, 5.6 per 100 pt yrs) None in transfusion/chelation arm Still within margin of non- inferiority

- No difference in LIC between two arms at first interim analysis at 30 months
- Study terminated on grounds of futility for composite primary end point
- 'Based on the SWiTCH trial results, transfusion and chelation remain the better way to manage children with SCA, stroke and iron overload..'





Transcranial Doppler Scanning in children with SCD: Risk classification



Primary prevention of ischaemic stroke in children with abnormal TCD

scan

STOP Study. Adams et al, N Engl J Med 1998.



- 130 randomised, 63 transfusions,
 67 standard care
- 11 CVA (10 ischaemic) in standard care, 1 (1 ischaemic) in transfusion arm
- 92% difference in stroke risk
- Early termination of trial
- Recommendation of TCD screening and transfusion of children with abnormal TCD





Discontinuing prophylactic transfusions used to prevent stroke in sickle cell disease: STOP 2 N Eng J Med 2005; 353: 2769



- Children with abnormal TCD, on transfusions >30 months with normalization of TCD and no severe stenotic lesion on Cerebral MRA
- Composite primary end-point of stroke or reversion to abnormal TCD
- 71 out of planned 100 enrolled
- 41 stop, 38 continue
- 14 reverted to abnormal TCD, 2 had CVA vs none in transfusion arm
- Early termination of trial
- Transfusions cannot be safely stopped even in children considered at low risk





Results with implementation of TCD screening programme

	Setting	Time period	Number pts/pt yrs fu	Rate of abnormal TCD	Rate of Stroke per 100 pt yrs (95%CI)
Bernaudin et al, Blood, e- pub 2010	Paris, regional centre	1998-2008	217/ 1609	30%	0.19 (0.04-0.5)
Enninful- Eghan et al, Journal of Pediatrics 2010	Philadelphia, regional centre	1998-2006	530 /3578	12.4 %	0.06 (0.01-0.2)
Telfer et al, 2011	E. London and Essex, Regional centre	2001-2010	451/ 4673	13.9 %	0.13 (0.05-0.2)





Silent cerebral infarction





Official Report-Normal

Official Report No- Change



Silent Cerebral Infarct Transfusion Trial: Multi-Center Clinical Trial



Silent Infarct Transfusion Study

• Primary Hypothesis:

Prophylactic blood transfusion therapy in children with silent cerebral infarcts will result in at least **86%** reduction in the proportion of patients with clinically evident strokes, new or progressive silent cerebral infarcts





Other indications for regular transfusion

- Prevention of acute painful crisis and ACS (Grade B)
- Severe anaemia and renal dysfunction (Grade C)
- Maintenance of transplant renal function postallograft (Grade C)
- Recurrent lower limb ulceration (Grade C)
- Recurrent priapism (Grade C)
- Avascular necrosis of hips in childhood (Grade C)





Increasing use of blood transfusions in adult patients



- 41% of all patients received ≥ 1 unit blood in 10 years
- Significant increase in blood usage both for planned and acute sickle-related
 complications

More "indications": renal failure, ulcers, lung disease, priapism



Drasar E et al. Br J Haematol. 2011;152:766-70.



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Iron overload in SCD

Iron overload in SCD

- Reduced incidence of cardiac and endocrine complications compared to TM
- These complications may become more common in heavily transfused older patients
- Liver damage is multifactorial





Chronic liver disease in HbSS, 'hepatopathy'





Pathophysiology

- Sequestration
- Vaso-occlusion
- Iron overload
- Viral hepatitis





Measuring iron overload in SCD

- Liver iron validated against R2* (Hankin et al, Blood 2009)
- R2 (Ferriscan) generally used in UK for LIC
- Poor correlation of SF with LIC
- Annual trends in SF and LIC more important
- Cardiac iron loading is less common than in TM



Problems with serum ferritin

Kwiatkowski et al, Am J Haematol. 2011

Correlation with liver iron

Correlation with duration of transfusions









Iron chelation-licensing in SCD

- **Deferiprone**: Not licensed
- Desferrioxamine: Iron overload ...primary and secondary haemochromatosis including thalassaemia and transfusional haemosiderosis; in patients in whom concomitant disorders (e.g. severe anaemia, hypoproteinaemia, renal or cardiac failure) preclude phlebotomy.....





Iron chelation - licensing in SCD

- Deferasirox (EXJADE) the treatment of chronic iron overload due to blood transfusions when deferoxamine therapy is contraindicated or inadequate in the following patient groups:
- in patients with other anaemias aged 2 years and older.





Results with deferasirox- long-term follow up of Phase II trial patients

Vichinsky et al, B J Haem. 2011; 154: 387-397









Contents lists available at ScienceDirect

Blood Cells, Molecules and Diseases

journal homepage: www.elsevier.com/locate/bcmd

Deferiprone versus Deferoxamine in Sickle Cell Disease: Results from a 5year long-term Italian multi-center randomized clinical trial

Giusi Calvaruso ^a, Angela Vitrano ^b, Rosario Di Maggio ^a, Samir Ballas ^c, Martin H. Steinberg ^d, Paolo Rigano ^a, Massimiliano Sacco ^a, Paul Telfer ^e, Disma Renda ^a, Rita Barone ^a, Aurelio Maggio ^{a,*}, The Investigators of the Multicenter Randomized Clinical Trial of Deferiprone versus Deferoxamine in Sickle-Cell-Disease

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Means of serum ferritin levels (µg/l) during a 5-year multi-center randomized clinical trial
comparing Deferiprone (DFP) versus Deferoxamine (DFO) treatment in Sickle-Cell-Disease.

Years	DFP mean \pm sd (n)	DFO mean \pm sd (n)
Baseline 1 2 3	$\begin{array}{r} 1440.13 \pm 712.80 \ (29) \\ 1033.00 \pm 737.41 \ (19) \\ 1076.80 \pm 897.51 \ (15) \\ 580.10 \pm 581.56 \ (10) \end{array}$	$\begin{array}{r} 1726.03 \pm 694.01 \ (29) \\ 1522.64 \pm 954.98 \ (22) \\ 1100.05 \pm 798.61 \ (19) \\ 1127.68 \pm 516.42 \ (16) \end{array}$
4 5	$\begin{array}{r} 330.10 \pm 331.30(10) \\ 438.22 \pm 320.81(9) \\ 695.00 \pm 597.74(7) \end{array}$	$\begin{array}{c} 1127.08 \pm 310.42 \ (10) \\ 1078.26 \pm 356.31 \ (15) \\ 1333.85 \pm 871.74 \ (14) \end{array}$





Conclusions for DEEP trial

- Increasing numbers of children with SCD on regular transfusion
- Additional chelation options are needed in addition to deferasirox
- Licensing of deferiprone for children with SCD would enhance options
- End points of SF and cardiac iron are unlikely to be as sensitive in SCD as in TM
- There are likely to be more SAE's reported in SCD children

